

Health Matters



from the Kane County Health Department

— March 18, 2015 —

Trending Matters:



World TB Day March 24
[Link to our TB Page](#)

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

County Health Rankings to be released March 25

[Link](#)



Health Department awarded grant to lead chronic disease prevention programs

The Health Department recently was awarded a \$90,000 grant to lead chronic disease prevention programs and promote school health in our communities. The grant comes courtesy of the Centers for Disease Control and Prevention, and was issued by the Illinois Department of Public Health's (IDPH) Office of Health Promotion.

"We are honored to have been chosen for this grant, which will help provide the resources needed to accomplish our goal of reducing the incidence of chronic disease in our county," said Barbara Jeffers, Executive Director.

Chronic diseases, such as diabetes and heart disease, are the major cause of death and disability in Illinois. The grant is aimed at preventing these chronic diseases and their risk factors, such as obesity, by improving nutrition and increasing physical activity. Efforts will focus on working with schools districts, worksites, hospitals and early childhood education centers. Although the grant is for \$90,000, the department could be eligible for additional grants for these prevention programs over the next three years.

Saturday, March 28

[Link](#)



April 6-10

[Link](#)



Under the grant, the Department will work with local clinics to design community health interventions, promote awareness of hypertension and diabetes, and link patients at risk of developing or with diabetes to the National Diabetes Prevention Program. Efforts also will be made to connect patients to the Diabetes Self-Management Education programs in their jurisdictions. The grant also will allow the ability to work with pharmacists to promote medication therapy management for patients with chronic diseases.

More information about chronic disease is available on the Health Department's website [here](#).

Health Department earns two more Model Practice awards



Kane County Health Department has just received word that it has received two NACCHO Model Practice Awards. This is the fourth year in a row the Health Department has been honored by the national agency.

This year's two awards are for:

- Assessing and Improving Routine Food Inspection Report Completeness.
- Implementing Quality Improvement Projects with Medical Providers to Increase Smoking Cessation among Low Income Patients.

The selection of these programs as model practices means that they demonstrate exemplary and replicable qualities in response to a local public health need. NACCHO says that these programs reflect a strong local health department role, collaboration, and innovation, and have demonstrated their value through evaluation. NACCHO will be sending additional information about the awards in a formal letter in the coming weeks.

"Earning these Model Practice Awards exemplifies the commitment our whole department demonstrates each and every day as we work to fulfill our mission," said Barbara Jeffers, Executive Director. Since 2003, NACCHO's Model Practice Awards honor initiatives—including programs, resources and tools—that demonstrate how local health departments and their community partners can effectively collaborate to address local public health concerns.

The [Model Practice Database](#) is an online, searchable

collection of innovative best practices across public health areas.

The Grand Award Ceremony will be held July 8 during the NACCHO Annual Conference July 7-9 in Kansas City, Mo.

More information about the Health Department's Quality Improvement efforts is available [here](#).

Kane County's 2014 Model Practice Award



American Diabetes Alert Day: March 24

American Diabetes Association Alert Day® is a one-day "wake -up call" asking the American public to take the Diabetes Risk Test to find out if they are at risk for developing type 2 diabetes a condition characterized by high blood glucose levels caused by either a lack of insulin or the body's inability to use insulin efficiently. Type 2 diabetes develops most often in middle-aged and older adults but can appear in young people. In 2015, Alert Day will take place on Tuesday, March 24.

The Kane County Health Department's Community Health Improvement Plan (CHIP) identifies chronic diseases as one of the top threats to community health in Kane County. Chronic disease refers to those illnesses that are not spread from person to person and instead are caused by a person's behavior or genetics. The Kane County Diabetes Collaborative is working to decrease the number of people in Kane County who have Type 2 diabetes or are at risk for developing it.

<h1 style="margin: 0;">MYTH</h1> <p style="margin: 0;">It's possible to have "just a touch" or "a little" diabetes.</p>	<h1 style="margin: 0;">FACT</h1> <p style="margin: 0;">There is no such thing. Everyone who has diabetes runs the risk of serious complications.</p>
	

Are you at risk?

You can prevent or delay type 2 diabetes. Stay at a healthy weight, eat well and be active. With these steps, you can stay healthier longer and lower your risk of diabetes. Take the Diabetes Risk Test and learn more about efforts to prevent it by logging on to the American Diabetes Association web site by clicking [here](#).

Kane County Diabetes Collaborative publishes a **Message of the Month** and maintains a page on the Health Department's website.

In addition, its members have a wealth of

Kane County Diabetes Collaborative members:

- Advocate Sherman Hospital
- Cadence Health
- Community Health Partnership
- Greater Elgin Family Care Center
- Kane County Health Department

information on their own websites, which can be accessed from the main Diabetes page [here](#).

- Open Door Clinic
- Presence Mercy Medical Center
- Presence Saint Joseph Hospital
- Rush-Copley Medical Center
- VNA Healthcare



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